

# Hospice of the Upstate Volunteer Newsletter

July  
2016



## 2016 Camp Sunburst *"A Fresh Perspective"*

As a first-timer to Camp Sunburst, I was amazed at how seamlessly the children transitioned from a lively game of dodgeball to a session of memory sharing. Grief was always just below the surface, and often, without warning, tears of grief mingled with the sweat of play. During one of several group times, I listened as the young boys introduced themselves, spoke about who they'd lost, and told of their sadness. When all had shared I began to introduce an activity, but stopped when one boy raised his hand. Addressing me courteously he tenderly asked, "So, who have you lost? Tell us about your sad." I was moved by this insightful burst of earnest compassion from one so young who, through great loss, had become so attuned to the loss of others. I was reminded of Dostoyevsky's words, "The soul is healed by being with children." Maybe that's why Camp Sunburst turns out to be such a comfort for so many grieving kids – having found kindred spirits, their souls start to heal in the sharing of their pain.

*-Haven Parrot  
Bereavement Coordinator*



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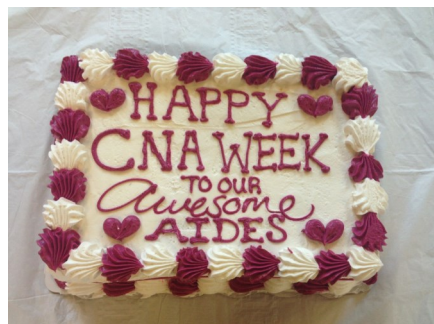
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## It's finally up and running!



Our volunteer portal is officially up and working. Please see enclosed instructions on how to navigate through it. You will be required to complete the volunteer in-services that are on the Relias site. Click on the link and it will take you straight there. These are volunteer specific. I think you will enjoy them and feel that the extra education is informative. Please complete them and sign off on the enclosed sheet. After you are finished turn them back into me so that I may put them in your files. Also, click on the newsletter icons to view the latest newsletter or past ones. Notice the calendar of events and stay up to date on what's going on. If you need a calendar after visiting a patient or just want to turn in some time without using a stamp, feel free to fill out the calendar and press submit. It will come directly to me. I hope you all find this helpful. Please let me know if you would like to see anything added.



We are so thankful for our CNAs. They are the backbone of our organization. We celebrated CNA week with a yummy cake and punch!

Last month we offered 2 in services and are going to continue education opportunities monthly.

We are doing a 2 part series on the veteran culture in hospice. The first part was fantastic and very informative.

Join us for the 2nd part on July 19th at 10:00 in the Lyon's conference room.

